

## How to Compress a Video File using Windows Movie Maker

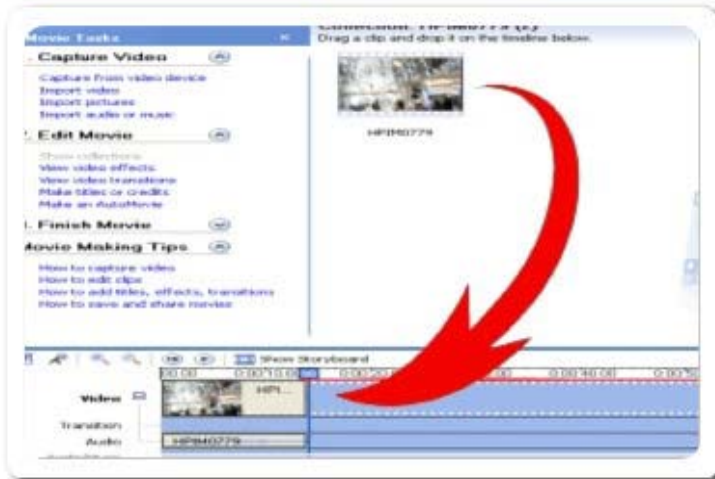
Open Windows Movie Maker and click on the **Import Video** link in the menu on the left side.



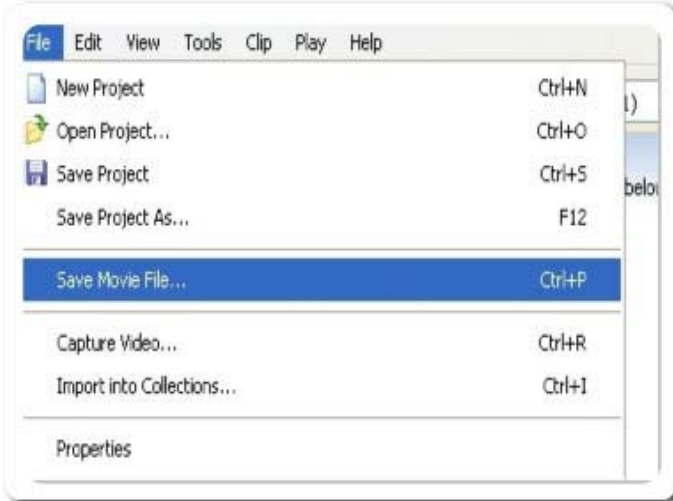
Choose the video file that you want to import, and import it into the program.



Drag the video with your mouse to the Timeline below.



Now click on FILE at the top, and then **Save Movie File**



Choose **My computer**, and click **next**



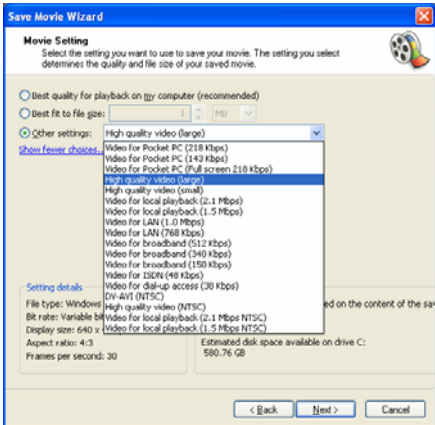
Enter a file name for your video, and choose a directory to save your file to. Click Next



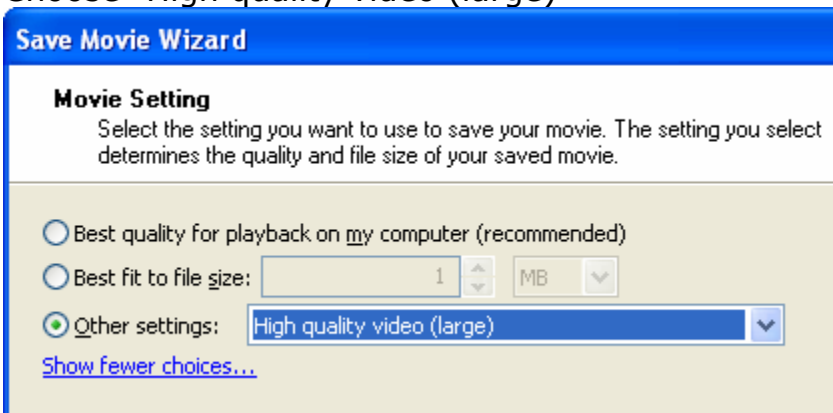
In the new window, click on **Show more choices** link.



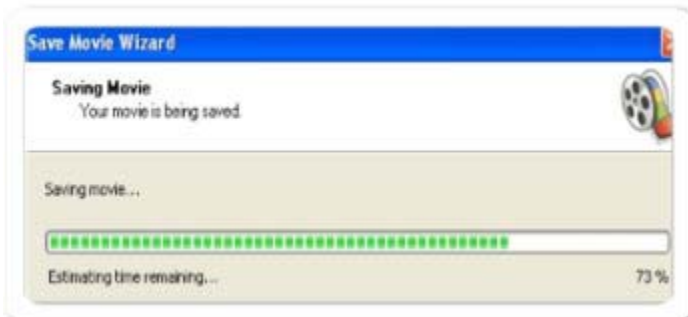
Check the box **Other Settings**, and a new menu will appear.



Choose "High quality video (large)"



Click Next.



Click Finish.